

“ME-App” – Your personal Breast health assessment toolkit

Many women suffer from breast cancer and other breast diseases and face issues in communicating with the doctors about their pain trends or other symptoms overtime. The **ME App** is a breast health and pain monitoring tool that helps in keeping a record of the pain trend or any breast health problems and helps in easy communication with the doctor.

Features and Benefits



- **Mastalgia Chart** – Interactive pain strength & image-based pain location recording and analysis.



- **Breast health monitoring** – Image based recording and analysis of breast changes or symptoms.



- Easy Report generation, printing and sharing directly to doctors.

How to use:

i. Track mastalgia (breast pain):

- Find the **Mastalgia Chart in** the dashboard
- Use **Daily Entry** to record pain
- Check **Status** to view trends and analysis

ii. Monitor breast health:

- Open **Breast health** from the dashboard
- Record any changes or observations
- View **Status** to track patterns over time

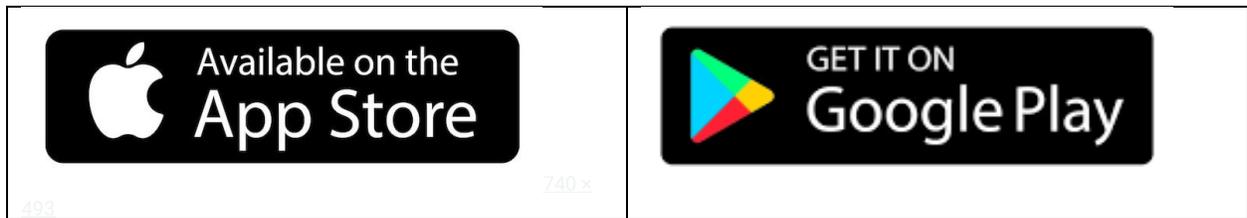
iii. Share reports:

- Go to **Reports** from the dashboard.
- View, print or share summaries of your health data
- Use reports for doctor consultations or personal tracking

Get the App FREE:



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<https://apps.apple.com/us/app/me-app-self-breast-assessment/id6756879221>

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****Important Disclaimer***

*The **ME App** is not a medical device and does not diagnose, treat, or prevent breast cancer. It is intended for awareness purposes only and should not be used as a substitute for professional medical advice, diagnosis, or treatment.*